

# Heartland Fire & Rescue

# **FIRE** **PREVENTION WEEK** **OPEN HOUSE**



**SATURDAY – OCTOBER 8, 2022**

**10:00 am – 12:00 pm**

**EL CAJON: Fire Station 6, 100 E. Lexington Avenue**  
**LA MESA: Fire Station 11, 8034 Allison Avenue**  
**LEMON GROVE: Fire Station 10, 7853 Central Avenue**

**This Year's Theme:**

**“Fire Won't Wait. Plan Your Escape™!”**

### **Highlights:**

- **Live Fire “Close Before You Doze” Demonstration**
- **Meet & Greet With Heartland Fire & Rescue Firefighters**
- **Learn Hands-Only CPR — Lifesaving Demonstrations**
- **Disaster Preparedness Information — Learn About The CERT Program**
- **Fire & Life Safety Information & Displays**

[www.heartlandfire.org](http://www.heartlandfire.org)

